

Level 1

129OT Occupational for Health and Well-being

This module is designed to introduce the underpinning philosophy and theoretical frameworks of occupational therapy. Students will explore relationships between the person, environment and occupation, and how this may impact on health and well-being. Students will further extend their understanding of these concepts by exploring their own occupational nature from physical, psychological and sociological perspectives and those around them, providing a solid foundation for their future practice.

130OT Exploring Evidence to Enhance Learning and Practice

This module aims to enable students to become independent, evidence informed, life-long learners. It will introduce students to the basic principles of gathering, interpreting and applying evidence to support their learning and professional development. It will also introduce students to the value of enquiry based learning including the principles underpinning research and evidence-informed practice in the context of occupational therapy.

131OT Occupational Therapy Process for Practice

This module builds upon the collaborative foundations in communication and professionalism module. It is designed to prepare students for their profession specific role in the practice setting. It introduces students to occupational therapy core skills in relation to assessment, planning, intervention and evaluation. Students will establish an understanding of the interrelationship between theory and practice and develop evidence based knowledge to apply to their practice. They will gain an understanding of how fundamental the application of core skills are to enhance person centred care.

132OT The Person and Occupational Performance

This module aims to introduce students to the basic sciences of anatomy, physiology and psychology and explore how these sciences form the person and underpin their occupational performance. This module follows typical human development and acts as a foundation to understand dysfunction. Emphasis will be placed on the practical application of anatomical, physiological and psychological theory to everyday life and occupation. The relevance of this knowledge to practice is explored. Students will utilise case scenarios from different life stages to apply this knowledge across the life span.

133OT Foundation Studies: Professional Skills Development

This module will enable students to develop the essential professional skills for practice. They will be informed by the expectations of the role of an occupational therapist in preparation for their first professional practice placement experience. Students will undertake mandatory training as appropriate to current practice settings for example: manual handling, food hygiene, CPR, hand washing and infection control. Students will be introduced to the concept of learning agreements and development of personal professional learning outcomes, and the supervision and assessment processes. The learning process will be supported by a briefing, de-briefing and individual tutorial sessions.

134OT Professional Practice Placement 1

This module provides students with their first professional practice-based learning experience (7 weeks). It enables students to further understand the role of the occupational therapist and their contribution to the multi-disciplinary/multi-agency team in service delivery. The period of supervised professional practice provides students with the opportunity to apply and further develop their knowledge, skills and understanding of the person, occupation and environments - building on their theoretical and preparatory studies in modules 129OT, 131OT and 132OT. The learning process will be supported by a briefing, de-briefing and individual tutorial sessions.

101 CC Foundations in Communication

Communication is highlighted as an essential skill for all health care professionals because it impacts on patient satisfaction, as evidenced by much research into this area. This module serves to develop compassionate, caring and professional health care professionals. It acts as the starting point to develop the skills for working in partnership with patients or clients to promote their empowerment. It will provide a foundation for developing the students' professional attributes incorporating the six 'C's model: communication, commitment, courage, care, competence, compassion (DH 2012) along with collaboration between the members of the interprofessional health care team. The module aims to develop students' understanding of professional skills such as communication, empathy and trustworthiness, required when working with vulnerable groups and as part of the multi-disciplinary team. The module serves to develop the prerequisites of caring and compassion providing a basis for exploration, reflection and evaluation of personal and professional values, within an arena of multi-professional health and social care.

103 CC Social Determinants of Health and Wellbeing

The module aims to develop students' knowledge and understanding of the social, economic, cultural and environmental factors that influence individual and community health and wellbeing and health inequities, locally, nationally and internationally. The focus of the module is on creating active learners who recognise the opportunities and challenges within everyday professional practice to act on the social determinants of health, to improve health and wellbeing, across the life course.